

THERAPEUTIC NUTRITION REPORT : **PREPARATION OF 18 DIETS**

The **M.Sc. Food Science and Nutrition** students of **Loyola Academy** recently (on **12th August, 2025**) had a practical session for the subject **Therapeutic Nutrition** where the students prepared **18 diets** in total.



The students were asked to prepare diets and calculate the nutritive values for various diseases and disorders 2 weeks prior performing the practical.

DIET FOR LIVER CIRRHOSIS



DIET FOR NEPHROTIC SYNDROME



DIET FOR JAUNDICE



DIET FOR HEPATITIS



SOFT DIET



DIET FOR RENAL CALCULI



DIET FOR HYPERLIPIDEMIA



DIET FOR OBESITY



DIET FOR DIABETES TYPE-II



NORMAL DIET





The subject theory and practical was taught and guided by **Ms. Divya Bhanu**, one of the faculty members who has profound knowledge in the subject.



The ingredients required to prepare the dishes were provided by the college management and hence the students presented/displayed some of the prepared dishes to them : Rev.Fr.Dr.N.B.Babu SJ - Principal, Rev.Fr.Peter SJ - Vice Principal, Rev.Fr.Dr.A.M.Joseph Kumar SJ- Vice Principal, Rev.Fr.B.Sudhakar - Treasurer, and Rev.Fr.Dr.J.Thainese - Agri block incharge.



Overall, the practical session was successful and the students gained much knowledge about the subject theory and practicals.