VALUE EDUCATION & PERSONALITY DEVELOPMENT

Credits: 2 **Semester: I**
Subject Code: VE26101 **No. of Lecture Hours: 30**

Objective: To form intellectually competent, morally upright, socially committed, spiritually inspired citizens in the service of the nation and the world.

Outcome:
CO1: Students will be able to **differentiate** between Accepted norms and Counter values and be able to understand the various Dimensions of Human Development.
CO2: Students will be able to **demonstrate** Love and Experience of God and identify the Basic Issues of Life and Happiness as a life goal.
CO3: The students will be able to **recognize** the traits of a good personality and practice Self-exploration.
CO4: Students will be able to **interpret** the Purpose of Life and Goal Setting and **inculcate** the skills required for Self-management.
CO5: Students will **understand** constitutional values, rights, and civic duties. They will develop a sense of global citizenship, environmental responsibility, and respect for diversity.

UNIT-I — 6 Hrs
INTRODUCTION TO VALUES AND ETHICS

- Importance of Value Education
- Reasons to have Ethics
- Accepted Norms and Counter Values
- Dimensions of Human Development: Physical, Intellectual, Emotional, Moral, Spiritual and Social

UNIT-II — 6 Hrs
APPROACH TO LIFE

- Conscience and Pseudo-Conscience
- Happiness as Life-goal
- Self and another
- Values revealed and lived in Religions
- Experience of God
- Moral problems of society / True Society: Social Desire, Social Fear, Social Science, Social Indifference

UNIT-III — 6 Hrs
TRANSFORMATION OF SELF

- Definitions of personality
- Characteristics of good personality
- Self-Identity, Self-Concept
- Self-Discovery, Self-Acceptance
- Self-Esteem

WORK SHEET (1): Self Evaluation

UNIT-IV **6 Hrs**

LIFE ENRICHMENT SKILLS

- Characteristics of Goals-Purpose of life-Goal setting
- Building Relationships
- Time Management
- Stress Management
- Emotional Management
- Conflict Management
- Team Management (Group Dynamics)

WORK SHEETS (1) & (2):

1. Anger Management
2. Team Management

UNIT-V **6 Hrs**

CONSTITUTIONAL VALUES AND GLOBAL CITIZENSHIP

- Values embedded in the Preamble of the Indian-Constitution
- Individual Human Rights and duties
- Directive Principles and Responsibilities as citizens of India
- Sensibility and responsibilities towards global environment, Loksangraha and Vasudhaiva Kutumbakam.
- Practical: Debates and Theatre on diversity and plurality, research on similarities and differences in the ethos of different countries

ESSENTIAL READING

1. In Harmony by G.M James, B.J. Jayaraj, K. Candassamy, Bernard D'Sami, S.J.A Packiaraj 2011, Prakash Printers, Chennai.
2. Human Values - Development Programme – 2015, An AIACHE Publication, New Delhi.
3. Blanchard, Kenneth and Peale, Norman Vincent. 1988. The Power of Ethical Management. New York: William Morrow and Company, Inc.
4. Gandhi, Mohandas Karamchand. 1971. Pathway to God compiled by MS Deshpande. Ahmedabad: Navajivan Mudranalaya, Navjivan Trust.
5. Goleman, D. 2008. What Makes a Leader. Boston: Harvard Business School Press.
6. Kashyap, Subhash C. 2019. Constitution of India. A handbook for students. New Delhi: National Book Trust.
7. Lama, D. 2012. Beyond Religion: Ethics for a Whole World. India: Harper Collins.
8. Sharma, M. 2017. Radical Transformational Leadership: Strategic Action for Change Agents. Berkely, US: North Atlantic Books.

VALUE EDUCATION & PERSONALITY DEVELOPMENT

Credits: 2
Subject Code: VE26201

Semester: II
No. of Lecture Hours: 30

Objective: To form intellectually competent, morally upright, socially committed, spiritually inspired citizens in the service of the nation and the world.

Outcome:

CO1: Students will be able to **differentiate** between Accepted norms and Counter values and be able to understand the various Dimensions of Human Development.

CO2: Students will be able to **demonstrate** Love and Experience of God and identify the Basic Issues of Life and Happiness as a life goal.

CO3: The students will be able to **recognize** the traits of a good personality and practice Self-exploration.

CO4: Students will be able to **interpret** the Purpose of Life and Goal Setting and **inculcate** the skills required for Self-management.

CO5: Students will **understand** constitutional values, rights, and civic duties. They will develop a sense of global citizenship, environmental responsibility, and respect for diversity.

UNIT-I
INTRODUCTION TO VALUES AND ETHICS

6 Hrs

- Importance of Value Education
- Reasons to have Ethics
- Accepted Norms and Counter Values
- Dimensions of Human Development: Physical, Intellectual, Emotional, Moral, Spiritual and Social

UNIT-II
APPROACH TO LIFE

6 Hrs

- Conscience and Pseudo-Conscience
- Happiness as Life-goal
- Self and another
- Values revealed and lived in Religions
- Experience of God
- Moral problems of society / True Society: Social Desire, Social Fear, Social Science, Social Indifference

UNIT-III
TRANSFORMATION OF SELF

6 Hrs

- Definitions of personality
- Characteristics of good personality
- Self-Identity, Self-Concept
- Self-Discovery, Self-Acceptance
- Self-Esteem

WORK SHEET (1): Self Evaluation

UNIT-IV **6 Hrs**

LIFE ENRICHMENT SKILLS

- Characteristics of Goals-Purpose of life-Goal setting
- Building Relationships
- Time Management
- Stress Management
- Emotional Management
- Conflict Management
- Team Management (Group Dynamics)

WORK SHEETS (1) & (2):

1. Anger Management
2. Team Management

UNIT-V **6 Hrs**

CONSTITUTIONAL VALUES AND GLOBAL CITIZENSHIP

- Values embedded in the Preamble of the Indian-Constitution
- Individual Human Rights and duties
- Directive Principles and Responsibilities as citizens of India
- Sensibility and responsibilities towards global environment, Loksangraha and Vasudhaiva Kutumbakam.
- Practical: Debates and Theatre on diversity and plurality, research on similarities and differences in the ethos of different countries

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7. Lama, D. 2012. Beyond Religion: Ethics for a Whole World. India: Harper Collins.
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